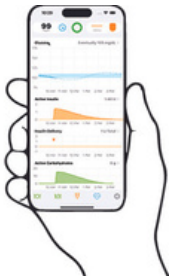
NEWS & HAPPY NEW YEAR FROM

Loop AND Learn

Master Your DIY Closed-Loop Insulin Delivery System

3 January 2026



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TEXT-ONLY VERSION WITH TRANSLATIONS

DONATE

TIME ZONE CONVERTER

FIND A LOOP-FRIENDLY HCP

CHECK FOR UPDATES

VIEW LARGER PRINT VERSION

IF FORMATTING LOOKS ODD ON YOUR PHONE, PLEASE USE THIS VERSION.

in THIS EDITION

- Mark Your Calendar
- Version Updates
- iPhone 17
- Profiles x GLP-1RAs
- Topics
- New Year's Resolutions
- FB Q&A

Upcoming Open Mics

8 January: 11 a PT - 2 p ET - 8p CEST

24 Jan: 2p PT - 5p ET - 11p CEST - 7a AET 25 Jan

loopandlearn.org/zoom

27 January: 21:00 Italia Time (LnL Italia)

loopandlearn.org/zoomit

Mark Your Calendar!

Here are the dates for this year's Open Mics!

2026

January						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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26	27	28	29	30	31	

February						
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March						
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30	31					

April						
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27	28	29	30			

May						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
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					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September						
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October						
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26	27	28	29	30	31	

November						
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						1
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23	24	25	26	27	28	29
30						

December						
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21	22	23	24	25	26	27
28	29	30	31			

Version Updates

Loop dev Update

Loop dev branch version **3.9.4** is now available

- No major change to Loop function
- Add Omnipod updates, Purge excessive log file storage, Add CAGE and IAGE to Minimed UI screen, Improve Browser Build, Update to fastlane 2.230.0, Update translations
- Details can be found in **GitHub**
- **LoopDocs** has been updated to include these changes

Something NEW in the News: info for our friends who loop on Android! Don't let this confuse you iPhone users!

Android APS (AAPS) Update

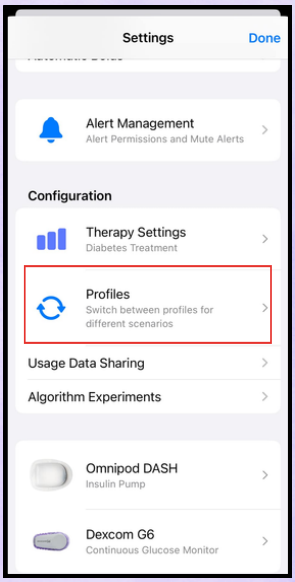
- Version 3.4.0.0 has been release, bringing significant improvements for some pumps and watches
- Android 12 is minimum OS
- Release Notes can be found **here**

iPhone 17

If you received a new iPhone 17 as a gift or you randomly decided to treat yourself to a new phone, please read the **updated LoopDocs instructions** before migrating to your new phone. You'll want to update to Loop 3.8.2 on your old phone (if you haven't already) before updating to your iPhone 17 with iOS 26.x.

Most browser builders have already updated, but some Mac-Xcode builders are still on Loop 3.4 or 3.6. If you are on Loop 3.4 or 3.6 and you update to iOS26, you will lose your ability to manually bolus until you update to Loop 3.8. Avoid the drama and rebuild first.

Help for Loopers using GLP-1RA Meds



Here's a **Pro Tip** that may help Loopers using GLP-1RA medications!

Add the **Profiles** customization and name your profiles after the medication level so that you can track changes- and easily revert if the medication dosage reverts back to a previous level.

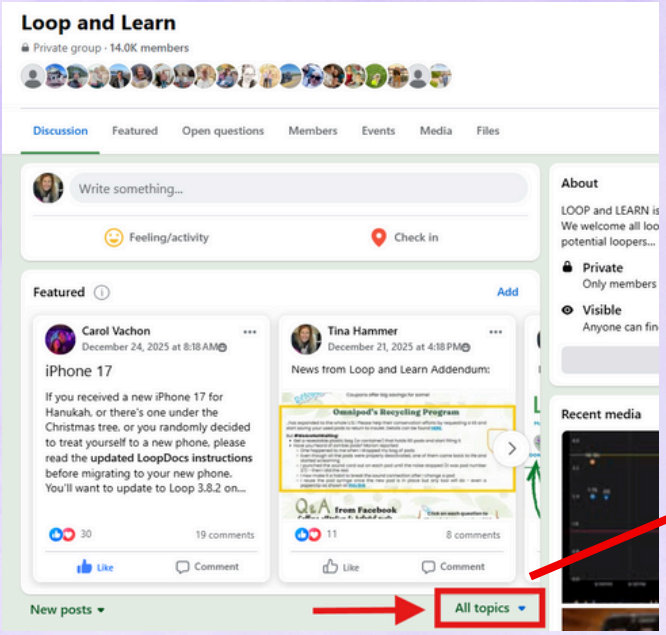
More tips for when adding a GLP-1RA:

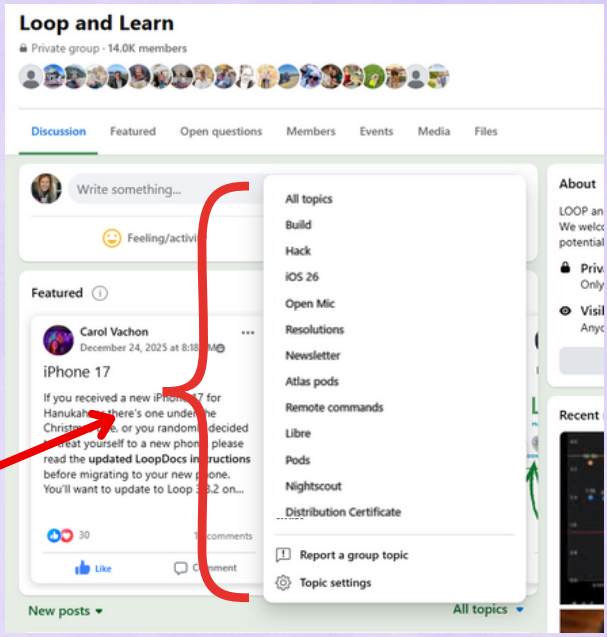
- Adjusting your carb absorption rate is necessary
- Keep that glucagon handy - low treatments might not absorb as quickly as they did before you added it

Topics in the Loop and Learn Facebook Group

Topics are a great new way to search for info **in our FB group**!

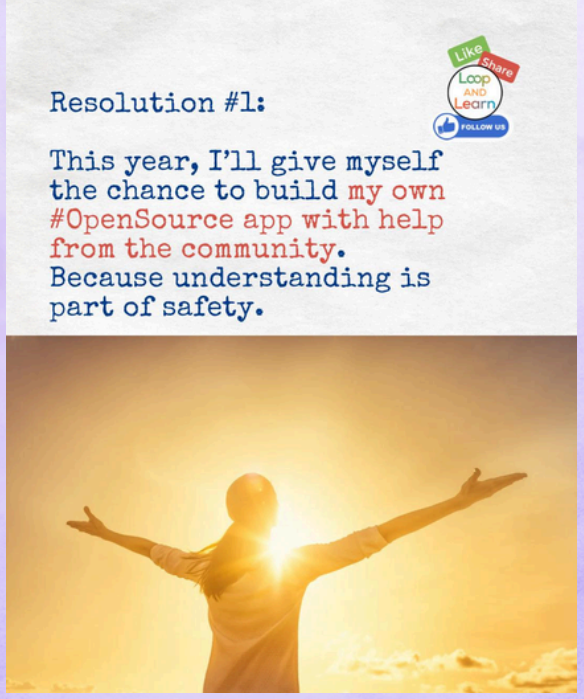
Please add a "topic" to your post when you visit and that will help you and others find the topic easily when searching in the future.





#BeyondtheNumbers

We have a great series of looping-related Resolutions being shared on IG and Facebook... if we take them to heart, we will become more informed loopers and experience more predictable outcomes, with less need for intervention. Be sure to check back over the next week!



Q&A from Facebook

Calling attention to helpful posts

Click on each question to "See what our experts said."

How can I keep devices from getting dislodged when my looper is doing sports?

What are your Looping Resolutions?

How do you cover fat and protein (fpu) with Loop?