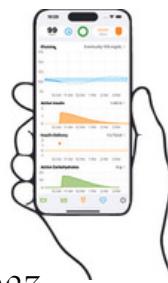


NEWS FROM

# Loop AND Learn

Master Your DIY Closed-Loop Insulin Delivery System

15 October 2023

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VERSION WITH  
TRANSLATIONS**[FIND A LOOP-FRIENDLY HCP](#)[OPEN MIC REPLAYS](#)[CHECK FOR UPDATES](#)[VIEW LARGER PRINT VERSION](#)

IF FORMATTING LOOKS ODD ON YOUR PHONE, PLEASE USE THIS VERSION.

In This Edition

- Open Mic Schedule
- Little Loopers to T1D Titans Open Mic Replay
- Browser Builders: Rebuild Info
- DIY-Friendly HCP Resource
- FB Q&A

## Open Mic Schedule

Click on graphics for Zoom links

**Loop Biweekly Open Mics: 11am PT ✨ 2pm ET ✨ 8pm CET**  
**19 October    2 November    16 November    30 November****iAPS: 10am PT ✨ 1pm ET ✨ 7pm CET      {will be recorded}**  
**28 October: Discussion - Dynamic ISF w/ Magnus & Theresa**

## Little Loopers to T1D Titans: Moving Our Kids Towards TID Independence Open Mic Replay

We had an inspirational and informative event last week- thanks to all who joined us! [Watch the Replay](#)



## Reminder For Browser Builders

When you build the Loop app using a browser, you must rebuild at least every 90 days. Otherwise, you will see the message "Loop Beta has expired" on your phone and will be unable to run Loop until you build again. If that happens, remember that your pump will revert to running your scheduled basal rates within 30 minutes of when the app becomes unavailable.

Some "handy helpers":

- You can go into the TestFlight app on the phone and check how many days are left on your current build, then add a calendar reminder to rebuild before then. [Update with Browser](#)
- Loop main users: consider adding the new [TestFlight Expiration](#) customization within one month of needing to rebuild. You will receive in-app reminders starting 20 days before expiration. Loop dev users are already benefitting from this feature.

## LnL's DIY- Friendly HCP Resource

Loop and Learn's [DIY-Friendly Healthcare Provider Resource](#) continues to grow. Be sure to check it if you're searching for an endo office, and please be sure to add to it if you have a provider to recommend. It boasts DIY-friendly HCPs from around the world!

This



link also resides in our links collection at the top of Page 1 for handy reference at any time.



# Q&A from our Facebook Group

Calling attention to helpful posts

**What do Loopers consider an “ok” value for a post-meal spike?**

**How do I deal with a lot of overnight negative IOB?**

**What's the best way to manage the varying insulin needs of my monthly cycle using Loop?**

Click on each question to “See what our experts said.”

**Why is Loop predicting lows and then chasing highs?**

**I sometimes use AfreZZa in addition to pump insulin. How should I log it in Loop?**

**Do you enter low treatments into Loop?**

